

CHLOÉ + MAUD

NEVER STOP
LEARNING
BELIEVING
PRACTICING
DREAMING

CHLOÉ + MAUD



SYNCOATED BABIES
TAP DANCE GUIDE

WWW.CHLOEANDMAUD.COM

KNOW YOUR HISTORY, SO YOU CAN CREATE YOUR FUTURE!

5 FUN THINGS TO KNOW ABOUT TAP HISTORY

1- TAP DANCE IS AN AFRICAN-AMERICAN DANCE FORM BORN OUT OF THE NEED FOR FREEDOM, IN AMERICA.

2- THE ART FORM WAS LATER INFLUENCED BY STEP DANCING OF THE IRISH INDENTURED SERVANTS.

3- TAP DANCE IS ROOTED IN IMPROVISATIONAL (FREESTYLE) RHYTHMIC FOOTWORK AND MOVEMENTS.

4- TAP SHOES ARE AN INSTRUMENT AND TAP DANCERS ARE BOTH DANCERS AND MUSICIANS.

5- 100 YEARS AGO, TAP DANCING WAS ONE OF THE MOST POPULAR DANCE STYLES IN THE WORLD, AND IN MOST MOVIES. AFRICAN-AMERICAN TAP DANCERS FOUGHT FOR EQUALITY IN THE ENTERTAINMENT INDUSTRY, AND PAVED THE WAY FOR US ALL TODAY.

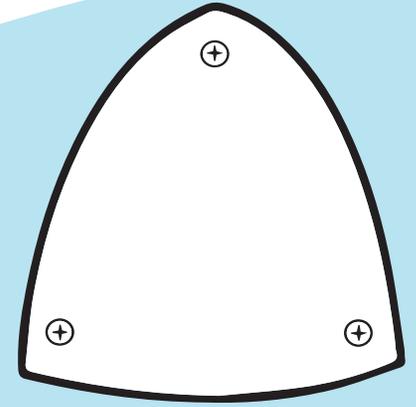


THE STORY OF THE SYNCOPATED LADIES

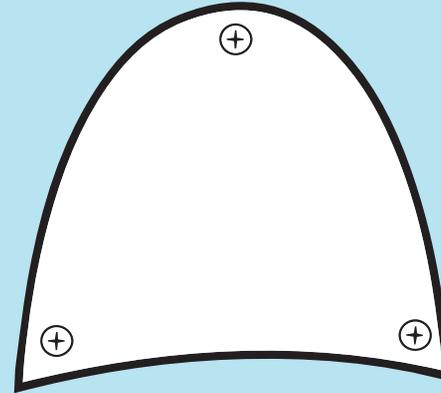
THE SYNCOPATED LADIES IS AN ALL-FEMALE TAP DANCING BAND. THE SYNCOPATED LADIES STARTED IN 2003 AT A TAP JAM IN A STUDIO AT THE DEBBIE ALLEN DANCE ACADEMY. THE SYNCOPATED LADIES IS ALL ABOUT SISTERHOOD, POSITIVITY, UPLIFTING EACH OTHER AND THE COMMUNITY. THE SYNCOPATED LADIES HAVE TAP DANCED IN OVER 35 COUNTRIES AROUND THE WORLD, HAVE PERFORMED ON TELEVISION AND IN MOVIES, AND HAVE OVER 50 MILLION VIEWS ONLINE.

CHLOE AND MAUD

CHLOE AND MAUD ARNOLD ARE A SISTER DANCING, CHOREOGRAPHING, AND PRODUCING DUO FROM WASHINGTON, DC. THEY STARTED TAP DANCING WHEN THEY WERE SIX AND SEVEN YEARS OLD. THEY TRAINED FOR MANY YEARS IN TAP DANCE AND ALL DANCE STYLES. THEY WERE DISCOVERED IN WASHINGTON, DC BY THE FAMOUS CHOREOGRAPHER DEBBIE ALLEN. AFTER HIGH SCHOOL THEY BOTH WENT TO COLUMBIA UNIVERSITY. CHLOE AND MAUD LOVE TAP AND THEIR DREAM IS TO CREATE OPPORTUNITIES FOR YOUNG DANCERS AND TO CONTINUE TO SPREAD THE LOVE OF TAP DANCE AROUND THE WORLD.



TOE TAP



HEEL TAP



CHLOE + MAUD

TAP STEPS

-TOE
-HEEL
-FLAP

-HOP
-SHUFFLE
-STOMP

-DIG
-CHUG
-WING

-SPANK
-BRUSH

-PULL BACK
-PADDLE
-CRAMP ROLL

WHY DO YOU LOVE TAP DANCE?



"I **LOVE** TAP DANCING BECAUSE THE **RHYTHMS** MOVE MY **SOUL**."
- CHLOE



"I **LOVE** TAP DANCING BECAUSE IT MAKES ME FEEL **HAPPY** AND **FREE!**" - MAUD

"I **LOVE** DANCING WITH MY SISTER BECAUSE WE SPEAK WITH OUR **FEET** AND THE **BEAUTIFUL** CONVERSATIONS NEVER END!" - CHLOE AND MAUD

WHY DO YOU LOVE TAP DANCING?

WRITE OR DRAW BELOW!

A large, empty rounded rectangular box for writing or drawing.

COLORING PAGE

DESIGN YOUR OWN TAP SHOES



TAP SHOES



TAP DANCE VOCABULARY WORDS



SYNCOPIATED-

ACCENTING THE FUNKY BEATS. "I LOVE WHEN SHE DOES THE SYNCOPIATED RHYTHM, IT MAKES ME WANT TO DANCE."



RHYTHM-

LIKE A HEARTBEAT, A CONSISTENT PULSING BEAT. THE RHYTHM IS IN YOU! "LIFE IS DEFINED BY RHYTHM FROM THE WAY WE WALK, TALK AND EVEN OUR HEAT BEAT."



IMPROVISATION-

MAKING IT UP ON THE SPOT USING YOUR IMAGINATION, FREESTYLE "I LOVE IMPROVISATION BECAUSE YOU CAN'T MAKE MISTAKES, IT'S ALL ABOUT HOW YOU FEEL."



CALL AND RESPONSE-

"I GO, YOU GO." WHEN THE LEADER MAKES A RHYTHM AND THE GROUP REPEATS THE EXACT SAME RHYTHM. "YOU HAVE TO LISTEN REALLY WELL WHEN THE TEACHER DOES CALL AND RESPONSE SO YOU CAN REMEMBER THE RHYTHM."



TECHNIQUE-

A SKILLFUL OR EFFICIENT WAY OF DOING OR ACHIEVING SOMETHING "IT IS IMPORTANT TO BUILD YOUR TECHNIQUE SO YOU CAN DO THE DANCE CORRECTLY."